

# Good for your body, your mind, and your work



# **Renew Sit-to-Stand Tables Designed by Brian Alexander**

While your brain is busy solving problems and coming up with new ideas, the rest of your body is hard at work, too—pumping blood, keeping oxygen flowing, holding up your head, and signaling your brain when it wants to move. A common and advisable response is to switch postures between sitting and standing throughout the day. The right work tools can make this transition as natural and seamless as possible.

Supporting your body as you move is a concept we defined and designed into every one of our work chairs. Renew Sit-to-Stand Tables take healthful movement to a new level. By allowing you to seamlessly transition between seated and standing working postures, Renew can help you stay more active and healthier while you work. Frequently changing postures helps reduce the physical stresses that put you at risk for aches and pains so you can keep up a steady flow of energy and ideas.



# A Natural Part of Your Day

Renew works in all the same places you do. Use it in a private office, a home office, or collaborative spaces. Integrate it into systems furniture, in an open office environment, or use it on its own, with or without optional attachable privacy screens. It even works in a conference room, giving you the freedom to hold efficient stand-up meetings or stay fresh by making healthy movement a part of your agenda.





Renew can become a centerpiece of settings designed to support team collaboration.

Raising the table to standing height encourages participation in whiteboard exercises.

# **Shaped Around the Way You Work**

Every inch of Renew was thoughtfully considered from your point of view—and that of the person sitting or standing next to you. Its top-to-bottom human-centered design features softly angled corners to prevent bumps and bruises. With slim-profile legs mounted flush to the outside of the surface, you'll also find more room for knees under the table.

#### **About Brian Alexander**

Brian Alexander describes himself as an observationalist. "I spend a lot of time getting to know the behaviors of everything," he says. He is so fascinated by people's behavior, in fact, that he's been compiling an owner's manual for humans since the late 1980s. He adds to the manual frequently—and draws upon it for every project he does. One example is the intuitive height-adjustment switch on Renew Sit-to-Stand Tables. After noting how people interacted with other switches, he designed a new control that encompasses our basic intuitions about direction.

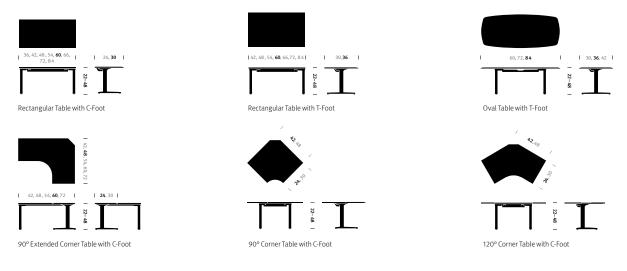


Brian Alexander



# **Components**

The variety of surface shapes available is sized to integrate with common workspace configurations.





#### Mechanism

Electric Standard (E) Electric Extended (D) Crank Sit-to-Stand (C) Crank Seated (K) Pneumatic Counterbalance

#### Sit-to-Stand Height Range

27" to 46" 22" to 48"

27" to 46" 22" to 34" 27" to 46"

# **Materials**

Visit hermanmiller.com/materials to see representational samples of our complete textile and materials offering.

# **Renew Sit-to-Stand Tables**

<b>Top</b> Formcoat									
	White 91	Soft White LU	Sandstone WL	Warm Grey Neutral WN	Folkstone Grey 8Q	Cool Grey Neutral CL	Natural Maple Fleck 7F	Light Anigre Fleck 7G	Aged Cherry Fleck 7H
Patterned Laminate									
	Crisp Linen LBM	Classic Linen LBN	Casual Linen LBP	Pewter Mesh LBK	Steel Mesh LBL				
	White Twill LBQ	Neutral Twill LBF	Sarum Twill LBG	Earthen Twill LBH	Graphite Twill LBJ	Canyon Zephyr 28/D1	Misted Zephyr 29/DC		
Solid Laminate									
	White 91	Soft White LU	Sandstone WL	Inner Tone Light HF	Warm Grey Neutral WN	Folkstone Grey 8Q	Cool Grey Neutral CL		
Woodgrain Laminate									
	Natural Maple HM	Light Anigre HP	Aged Cherry HX	Light Brown Walnut 76	Walnut on Cherry HY				
Wood & Veneer		MI		V. V.	外接				
	Clear on Ash ET	Natural Maple UL	Oak on Ash EU	Aged Cherry ED	Light Brown Walnut 2U	Walnut on Cherry UX	Medium Red Walnut EK	Walnut on Ash EV	Dark Brown Walnut 40
<b>Base</b> Finish									
	Metallic Silver MS	Warm Grey Neutral WN	White 91	Graphite Satin G2					
	Metallic Silver Polished Alumninum LFJ	Warm Grey Neutral Polished Alumninum LFG	White Polished Alumninum LFF	Graphite Satin Polished Alumninum LFH					

# For more information, please visit hermanmiller.com or call 888 443 4357.